

SACRED HEART CHURCH

ROSCOMMON

PARISH NEWSLETTER
13th September 2020

24th Sunday in Ordinary Time



PARISH STAFF

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FORGIVE AND BE FORGIVEN

On a recent visit to a dentist I was told about irreversible damage to a tooth and gum and that without good care and attention I was in danger of losing the tooth. Sadly, for many people serious health issues arise when other parts of the body or organs are affected beyond full repair which can lead to limited mobility or other medical conditions. However, thanks to advances in medicine and technology, many still go on to live reasonably full and joyful lives despite their infirmity.

The good news in today's scripture is that damage to our spiritual health is never irrevocable. When we hurt our relationship with God through our own wrongdoing, He is always giving us another chance, no matter what our past, no matter what our skeletons in the cupboard, no matter how ashamed we feel. Of course, the challenge placed before us today in Jesus' parable about the unforgiving steward is something similar. This time the message is that we in turn must forgive those who have hurt or damaged us, no matter how badly. We are told we must do it not just seven times but seventy-seven times. This is far from easy especially when the hurt is deep. Yet it seems we will remain wounded unless we come to forgive.

So, let us today take great heart from our all forgiving God who always is prepared to give us a fresh start. Also let us decide not to feed into resentments and bitterness that block joy, peace and true healing in our lives.

Fr Kevin

Mass Intentions for the coming week:

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| MONDAY | 11 am | Sr. Anna Duignan |
| TUESDAY | 8 am | Morning Mass |
| | 11 am | Josephine Costello & Michael Costello |
| WEDNESDAY | 8 am | Morning Mass |
| | 11 am | Special Intention |
| THURSDAY | 8 am | Jim & Kathleen Byrne deceased family |
| | 11 am | Padre Pio Mass for Peace |
| FRIDAY | 11 am | Mathew & Bridget Quirke & their son Paddy |
| SATURDAY | 11 am | Gussie Diffley |
| | 7 pm | Irene Hanlon (Month's Mind) |
| SUNDAY | 9 am 11:30 am | Morning Mass Ned & Colin Ruane (1st Anniversaries) & Mary Ruane |



We also remember James Igoe whose anniversary occurs at this time.



RECENT DEATHS: Please pray for the happy repose of the souls of -
Annie Mae McCann, Belderrig, Co. Mayo, sister of Jo Croghan, Celtic Avenue. **Tess Flynn**, Renmore, Galway, sister of Mary Kehoe, Hawthorn Drive. We offer sincere sympathy to their bereaved families and friends.

Weekend Masses for the 19th / 20th September arranged for parishioners on a station area basis are as follows:

- 7 pm (Vigil Mass) Stonepark North / Wilson Close
- 9 am Lisadurn / Turville / Fairways / Old Wood
- 11.30 am Rathbrennan / Creevy Quinn & Acres

FIRST HOLY COMMUNION

Please note the following dates (subject to Government guidelines) :-

FIRST HOLY COMMUNION

Sunday 8th November – St Comán’s Wood

Sunday 15th November– Gaelscoil de hÍde

We ask God’s blessing on all our candidates at this special time in their lives of faith.

RECENT BAPTISMS: *We welcome into the Christian family*

Luiz Miguel Muniz De Carli



THANK YOU

Up until the Covid 19 restrictions came into effect in March, Mass attendance in Roscommon church was thankfully quite high with approx. 1,000 to 1,500 people coming through its doors every weekend. Under current government guidelines, however, and with social distancing in place, our current capacity is only 80 persons approx.

For this reason, the Covid 19 Parish Support team decided in July, before the church reopening, that to have weekend Masses open to the whole parish could result in potentially 200-500 people trying to gain access into the church for one particular Mass.

This obviously would create a huge health and safety risk for parishioners, stewards, other volunteers and clergy. Hence the difficult decision was made to limit attendance at weekend Masses to parish/station areas.

It is obvious that most parishioners have cooperated with us on this decision and have opted to participate in weekend liturgies either on parish radio or on the webcam. For this we want to say a sincere thank you.

We look forward to your continuous cooperation on this and indeed to the day when restrictions please God will end and our church will be full again.

Go raibh maith agat!

HOP ON FOR HOSPICE—With your local Postman Joe -

There is a new Palliative Care Facility planned for 2021, currently being constructed in Roscommon Town by Mayo Roscommon Hospice. This facility will provide Day Care, Community Care and an 8 Bed in-Patient Unit providing respite and end of life services. Many of our lives are touched by illness and I want to do my small bit to ensure that patients and their families are given every support possible at the most difficult time. That is why I've decided to park up my post-van and "Hop on for Hospice" to cycle my rural Post Run which is approximately 80km (depending on how many letters I have to deliver that day!!!) to fundraise for the New Roscommon Hospice House.

I would be really grateful if you could support this cause by donating online at <https://gf.me/u/yk5xsb> or you can just pop whatever you can in an envelope with your name on it and my An Post colleagues will make sure we get it. All donations will be entered for a spot prize draw so make sure to include your details on the back of the envelope.

‘ The pessimist complains about the wind. The optimist expects it to change. The realist adjusts the sails’ - William Arthur Ward

ALTAR SOCIETY: Group iv is scheduled for the coming week.

NATIONAL GRANDPARENTS' PILGRIMAGE TO KNOCK:

Today SUNDAY 13th September at 3 pm from Knock Basilica. This year, due to covid-19 restrictions, the grandparents pilgrimage will be streamed online. Grandparents and their families everywhere are invited to join online at www.knockshrine.ie/watch. Further details are available at www.knockshrine.ie

Alzheimer's Memory Walk – Virtual Event

During World Alzheimer's month on Sunday, September 20th we are asking you to join us for our first virtual Alzheimer's Memory Walk event. This September was due to be our first Alzheimer's Memory Walk with events taking place across Ireland. But, in line with government restrictions and Covid19 precautions, we've launched our 2020 campaign as virtual walk event! Going virtual will provide a wonderful opportunity for everyone to 'Walk Together', while staying apart, to help raise much needed funds for people living with dementia in their communities all across Ireland. There are over 500,000 families affected by dementia in Ireland and we wanted to hold an event that was accessible to everyone, from granny and grandchildren to our four legged friends. All details at www.alzheimer.ie

Free Living Well Programme - next programme commences on Monday the 14th of September from 10.30 am to 1pm

If you are living with a long term health condition you may be interested in doing the "Living Well" formally known as the 'Self Care to Wellness Programme'. This is a six week programme delivered in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence on Wednesday 9th of September. You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Olga on 086 6078950 or email: olga.maguire@mayocil.ie You can find out more information on the programme on our website: www.hse.ie/livingwell

The Irish Hospice Foundation Bereavement Support Line

Have you been impacted by a bereavement during COVID-19? Are you finding it more difficult to cope with a pre-Covid bereavement at this time? Would it help to talk to someone in confidence about your loss? The Irish Hospice Foundation Bereavement Support Line is a national freephone service 1800 80 70 77 which is available from 10am to 1pm, Monday to Friday. The line aims to provide comfort and emotional support.

COVID-19 Support Line for Older People ALONE national support line supports older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

Back to Work Restart Programme for Women - Sligo

Are you looking to get back to work? Our **FREE REStart Programme in Sligo** could be for you. This is a Back-to-Work programme for women over 35 who have been out of the workforce for 3 years or more. Build your confidence, re-discover your strengths and abilities, practice interview skills, prepare your CV and learn how to job search effectively. In this exciting program you will be guided through a series of training workshops and 1-1 coaching sessions. Please contact Brenda Donagher 0876858550 www.ruralenterpriseskillnet.ie for more information, dates and to book. See also <https://www.ruralenterpriseskillnet.ie/training/restart-a-programme-for-women/> Location: CMD Training Institute, Collooney, Co Sligo