

SACRED HEART CHURCH

ROSCOMMON

PARISH NEWSLETTER
23rd AUGUST 2020

21st Sunday in Ordinary Time



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THE KEY TO FAITH

A key can be one of our most treasured possessions. Nothing beats the excitement of being handed the key to a new car in the garage forecourt or the key to a new house across an estate agent's desk. Over the last few weeks many people have enjoyed keys to their campervan, hotel room or cottage by the sea. Keys give us access and open new possibilities to live and enjoy life. On the other hand, too many keys can be burdensome and can mean responsibility. There can be relief sometimes in handing over a key to someone else.

Peter is told by Jesus he will be given the keys of the kingdom of heaven. A moment I am sure brought the disciple untold joy. He was also told he would be the rock on which the Lord would build his church. What is encouraging about this encounter is that the commissioning happens against the backdrop of a man who is weak, had made mistakes and was to make more mistakes in his life.

His faith was fragile but was sufficient for Jesus to give him his new mission. Our faith can be fragile too especially in these difficult times and yet we can still be the Lord's ambassadors as we go about our daily lives in this new normal. The keys we need most of all are not just those to our prized possessions but also ones that will unlock fear and anxiety in ourselves and others.

We need too a faith that will be a firm foundation and give us strong roots that will withstand the most severe of storms life can sometimes bring.

Fr Kevin

Mass Intentions for the coming week:

MONDAY	11 am	Martin & Kate Quigley & deceased family
TUESDAY	8 am	Michael & Eileen Quigley
	11 am	Padraic, Michael John & Liz McGowan
WEDNESDAY	8 am	Tommy Higgins & deceased family
	11 am	Special Intention
THURSDAY	8 am	Lily, Mary & Tom Foxe
	11 am	Ada O' Donnell
FRIDAY	11 am	Margaret Flanagan
SATURDAY	11 am	Evan Dolan
	7 pm	Anne Mulhern (Month's Mind)
SUNDAY	9 am 11:30 am	Morning Mass Morning Mass

Weekend Masses for the 29th / 30th August arranged for parishioners on a station area basis are as follows:

7 pm (Vigil Mass) Convent Court / Convent Road
 9 am Celtic Ave / Lanesboro Street
 11.30 am Antogher Road / Antogher Court

RECENT BAPTISMS: *We welcome into the Christian family*

*Ava Dorota Ciszyk, Owen Bernard Law &
 Kevin Thomas Connaughton*



CONFIRMATION & FIRST HOLY COMMUNION

We are pleased to announce the following rescheduled dates for Confirmation and First Holy Communion in the parish:

CONFIRMATION:

Saturday 29th August – Gaelscoil de hÍde & Kiltewan N.S.

Saturday 5th & Sunday 6th September- St Comán's Wood Primary School

FIRST HOLY COMMUNION

Sunday 8th November – St Comán's Wood

Sunday 15th November– Gaelscoil de hÍde

Parents and young people will be contacted in the coming days with specific times etc. We ask God's blessing on all our candidates at this special time in their lives of faith.

The Irish Hospice Foundation Bereavement Support Line

Have you been impacted by a bereavement during COVID-19? Are you finding it more difficult to cope with a pre-Covid bereavement at this time? Would it help to talk to someone in confidence about your loss? The Irish Hospice Foundation Bereavement Support Line is a national freephone service 1800 80 70 77 which is available from 10am to 1pm, Monday to Friday. The line aims to provide comfort and emotional support.

Church Attendance / Covid 19

In our churches, parish teams and hundreds of volunteers work hard to ensure your safety and we thank them most sincerely for that. Because of their commitment and hard work, we are able to continue our liturgies safely – weekday and Sunday Masses, Baptisms, Weddings, First Holy Communions, Confirmations and Funerals. However, each one of us must continue to play our own part and take personal responsibility. We must continue practising good hand hygiene, respiratory etiquette and physical distancing, make ourselves aware of the symptoms of Covid-19 and keep up to date with public health advice. Please sanitise your hands as you enter and exit the church. You may wish to bring your own hand sanitiser with you and sanitise your hands before you receive Holy Communion. We encourage you to wear a face covering and keep 2 metres apart from anyone who is not from your household. If you have any symptoms of Covid-19, please stay at home and follow Mass online or parish radio. It is understandable that we are all growing weary of this virus but it is now part of our daily lives and will remain so for the foreseeable future. We are all vulnerable to Covid-19. Stay safe and keep each other safe.

Free Living Well Programme - next programme commences on Monday the 14th of September from 10.30 am to 1pm

If you are living with a long term health condition you may be interested in doing the "Living Well" formally known as the '*Self Care to Wellness Programme*'. This is a six week programme delivered in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence on Wednesday 9th of September.

You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Olga on 086 6078950 or email: olga.maguire@mayocil.ie

You can find out more information on the programme on our website: www.hse.ie/livingwell

COVID-19 Support Line for Older People

ALONE national support line supports older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

FREE COURSES (T&C) – Healthcare/Childcare/Gardening starting in various locations. Healthcare Code 300456 and 274835, Childcare Code 293589, Gardening Code 293076. Use the codes listed to find out more information on www.fetchcourses.ie or contact Stephanie at Galway & Roscommon Education & Training Board on 091-874585, stephanie.oconnorshaw@gretb.ie or Sabrina on 090-6634189.

RSG Flexible Learning College, Derrane Co Roscommon

OPEN DAY 10.00-8.00pm on 3rd Sept. Care of the Older Person 5N2706 commencing Wed 30th September. Care Skills 5N2770 commencing on 28th Oct. Contact Monica Cooney, *Quality and Training Officer*, Tel: +353 (0)90 66 25852 (Ext. 600), County Roscommon Disability Support Group CLG, Derrane, Co. Roscommon F42 WK60